

# The Orchid Walk

Approx 4km.  
Steep in places.  
April - May.

**“To walk in nature is to witness a thousand miracles” Mary Davis**

From Sideshore, head east along the seafront toward the red sandstone cliffs and Orcombe Point. Once you reach the RNLi building, you can choose to walk next to the beach or cross the road and walk on the pavement next to the wall and sloping bank where you will find a variety of coastal plants (see next page). Kestrels are often seen hunting over this area.

On reaching the eastern end of the beach, turn left next to Bumble and Sea Café and walk up the ‘zigzag path’. At the top, turn right past the NT sign and walk towards Orcombe Point, passing a flowering hawthorn hedge on the left. As you approach the Geoneedle, look for a field on your left where large numbers of green winged orchids can be seen from mid-April to mid-May.

From the Geoneedle there are views across the estuary to Dawlish Warren and to Berry Head, far away to the SouthWest. You can return the same way, or walk further along the coastal path and return along one of several footpaths.



Keep dogs on leads on the cliff path and amongst the orchids



It is an offence to pick wild flowers or remove plants

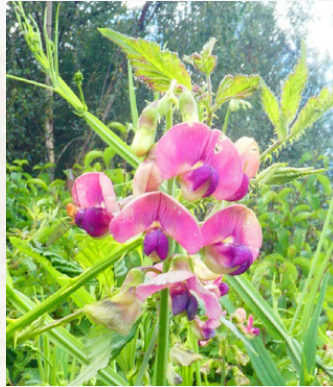


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Can you spot all of these wild flowers on your walk?



**Green Winged Orchid**  
Credit: Plantlife



**Everlasting Pea**  
Credit: NatureSpot.org.uk



**Bithynian Vetch**  
Credit: Alex Lockton



**Bucks-Horn Plantain**



**Restharrow**  
Credit: NatureSpot.org.uk

[www.exmouthwildlifegroup.org](http://www.exmouthwildlifegroup.org)  
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